

MOUNTAIN BIKING IN MARIN COUNTY FACT SHEET

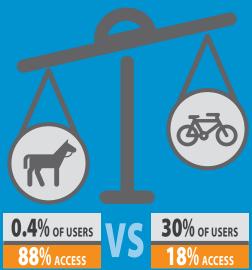
Despite being a safe, healthy, low-impact means of travel enjoyed by a wide cross section of Marin's citizens, **mountain biking is prohibited on the vast majority of Marin's singletrack trails.**

The findings below come directly from peer-reviewed research and user surveys and objectively counter myths about mountain biking that are often the basis for restricting narrow trail access to mountain bikes.

CALIFORNIA STATE PARKS TRAIL CONFLICT USE STUDY

- >> Analysis of the data collected shows that the primary management concern on multi-use trails is conflict based on users' perceptions and behaviors, and that actual accidents involving different user types were rare
- >> Perceptions of conflict are frequently unrelated to measurable incidents but rather reflect an attitude towards wilderness and stereotypes of other user groups
- >> Information on trailuse conflict is primarily based on opinion; little data about actual user conflicts are available
- >> Complaints about other trails users are common
- >> Design of trails to accommodate multiple use helps to avoid or reduce conflict

MARIN COUNTY OPEN SPACE TRAIL ACCESS



Visitors to Marin county Open Space preserves and Marin Municipal Water District who reported having good to great interactions

MOUNTAIN BIKING'S ENVIRONMENTAL IMPACT

- A study that was conducted on a multi-use trail network found that of all types of trails, bike trails were found to be the narrowest, to have the least amount of soil loss, and to have the least incidence of running water on the trails
- >> Researchers found no evidence that mountain bike impacts to soils, vegetation and trails were significantly greater than impacts from hikers.
- >> Type of use was found to be a substantially greater determinant of trail degradation than amount of use. Horse and ATV trails are significantly more degraded than hiking and biking trails.
- >> Researchers found that mountain biking generated less sediments from trails than horses and hikers.
- >> Hikers, cyclists, and equestrians were not significantly negatively or positively associated with habitat use of any of the ten species in our analysis.
- >> Wildlife exhibited statistically similar responses to mountain biking and hiking.

82-94%

COUNTY-WIDE TOTAL NARROW TRAIL ACCESS



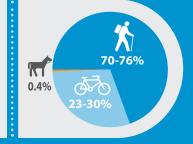


57.2 MILES (15%)

HORSE/BIKE SAFETY

A 2015 GGNRA survey recorded nearly 5,000 users on Dias Ridge of which 45% were cyclists and 3% were equestrians (Golden Gate Dairy Stables is located at the Highway 1 Dias Ridge trailhead.) No incidents were reported. Desipite the myths, equestrians and mountain bikers can safely share trails.

MCOSD/MMWD USAGE



Land Manager	Trail Open to Hikers Miles/Percentage		Trail Open to Equestrians Miles/Percentage		Trail Open to Cyclists Miles/Percentage	
Golden Gate National Rec Area	37.7	100%	17.7	47%	12.4	33%
Marin Open Space	78.6	100%	66.0	88%	14.7	18%
California State Parks	72.2	100%	36.8	51%	15.9	22%
Pt. Reyes Natl Seashore	118.2	100%	117	99%	14.2	12%
Marin Municipal Water District	60.9	100%	20.1	33%	0.0	0%
Total	375.0	100%	262.1	70 %	57.2	15%

HOW YOU CAN HELP?
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